

Dry Shampoo

Recipe by Joy McCarthy from Joyous Health

JOYOUS HEALTH

Ingredients:

- 1 part arrowroot powder
- 1 part raw cacao or cocoa powder (for brunettes)
- 10 drops of high quality essential oil (your choice)

Instructions:

1. Combine arrowroot powder and cacao in a bowl and mix with a wire whisk. Add essential oils and mix. I suggest you drop the oil in all throughout the powder to evenly distribute the lovely scent.
2. If you have blonde hair simply omit the cacao powder.
3. Using a funnel, pour the mixture into a clean spice bottle. I just washed out my old Simply Organic glass bottles and used them.