

Chocolate Lip Scrub

Recipe by Joy McCarthy from Joyous Health

JOYOUS HEALTH

Ingredients:

- 1/2 cup organic cane sugar
- 2 tsp raw cacao powder
- 1/4 tsp pure vanilla extract
- 1/4 cup melted coconut oil

Instructions:

1. Combine all the ingredients into a small bowl. Once full combined transfer to a jar and cover with a lid. Store for 2 to 3 weeks.
2. To use: Place some scrub on your finger and rub gently on your lips. Feel the magic of the exfoliation! Remove with a towel and feel how silky smooth your lips are!

Notes:

I made a larger amount of this because you could use this as a foot or hand scrub as well as a lip scrub.