

Scrumptious Salad with Creamy Hummus Dressing

JOYOUS HEALTH

Recipe by Joy McCarthy from Joyous Health

Ingredients:

- 2 hearts of romaine, chopped
- Half radicchio, chopped
- 2 carrots, grated
- 1/2 cup pecans, chopped
- Simple Hummus Dressing (see blog for recipe)

Instructions:

1. In a large bowl, combine romaine lettuce, radicchio, carrots and pecans.
2. Toss with Simple Hummus Dressing and enjoy right away.

Notes:

Serves 2. For the Creamy Hummus Dressing, search "hummus salad dressing" in the search bar for the full post and 3 different hummus recipes.

<https://www.joyoushealth.com/27647-blog-hummus-salad-dressing-3-ways>