

Almond Joy Bites

Recipe by Lauren Lomsdalen from Joyous Health

JOYOUS HEALTH

Ingredients:

- 14 dates
- 1/4 cup almond butter
- 2 heaping tbsp. unsweetened coconut flakes
- 2 tbsp. cacao powder
- 2 tbsp. chia seeds
- 2 tbsp. raw honey
- handful of enjoy life mini chocolate chips

Instructions:

1. Pulse everything except the chocolate chips together in a food processor until well incorporated.
2. Stir in chocolate chips.
3. Roll into balls, place on a large plate or sheet tray and refrigerate.
4. Keep in the fridge until ready to eat.

Notes:

Makes about 12 balls.