

# Greens+ Booger Balls

Recipe by Joy McCarthy from Joyous Health

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## Ingredients:

- 1 cup walnuts
- 8 soft medjool dates, pit removed
- 1/2 cup unsweetened, unsulfured coconut flakes
- 1-2 scoops Genuine Health Greens+ Natural or flavoured
- 1 tsp fresh ginger, grated

## Instructions:

1. Toss all your ingredients into a food processor. Blend until crumbly. Form into balls.

## Notes:

Makes about 15-18 balls depending on how big you make them.