DIY Non-Toxic Cleaning Wipes JOYOUS HEALTH

Ingredients:

- 1/2 pack Bounty Quilted Napkins*
- Large reusable container**
- 1 1/4 cup distilled water***
- 1 1/4 cup white vinegar
- 1/2 tsp Sal Suds****
- 15 drops lemon essential oil
- 10 drops lavender essential oil
- 5 drops eucalyptus essential oil

Instructions:

- 1. In your reusable container, add water, vinegar, Sal Suds and essential oils and stir to combine.
- 2. For napkins, use 1/2 a pack of Bounty napkins (80 napkins). Pour half of the liquid into the bottom of the container, then place napkins on top and press down. As napkins absorb liquid, their size will compress. Then pour the remaining liquid over the top of the pile. For reusable rags, pour all of the liquid into the container and pile rags on top. Let them absorb the liquid, adding more rags until they are damp-wet but not overly saturated.
- 3. To use, pull a wipe out and clean surfaces, sinks, spills and any other mess thrown your way! Either compost your napkin wipes or machine wash rags and reuse.

Notes:

*These are bleached without chlorine and strong enough to not fall apart when used. Alternatively, you can cut square rags out of old cotton sheets or clothing **A square food storage container works well ***Distilled water extends the shelf-life. However, if you will use these wipes within 2 weeks, you can use tap water instead ****Dr. Bronners makes this product. While it contains SLS, the form they use is not contaminated with carcinogens and is formulated to be non-irritating to the skin Note: Vinegar should not be used on stone or granite countertops. Simply omit the vinegar and use diluted Sal Suds and essential oils instead.