

# Goat Cheese Strawberry Pecan Salad

JOYOUS HEALTH

Recipe by Joy McCarthy from Joyous Health

## Ingredients:

- 4 large handfuls of mixed greens or spinach
- 6 organic strawberries, sliced
- 1/2 cup soft goat cheese
- 1/2 cup pecans

## Instructions:

1. Mix all the ingredients together and toss with a salad dressing of your choice.

## Notes:

Serves 2-3 people.