

Two-Bite Chocolate Chip Nuggets JOYOUS HEALTH

Recipe by Joy McCarthy from Joyous Health

Ingredients:

- 2 bananas, mashed
- ¼ cup sunflower butter
- 1 cup oat flakes or quick cooking oats
- ¼ cup dried cranberries
- 1/4 cup chocolate chips*
- ¼ cup chocolate protein powder (see brand below) or raw cacao powder**
- 2 tbsp cinnamon
- 1/4 cup coconut flakes or coconut sugar

Instructions:

1. In large bowl, mash bananas with a fork. Add sunflower butter and oats, stir together. Get in there with your hands, it's much easier to mix it all up!
2. Add cranberries, chocolate chips, protein powder and cinnamon. Stir together until fully combined.
3. Roll in into balls and then roll in coconut flakes or coconut sugar.
4. Give the nuggets a taste test. You can add more of any ingredient to make it taste exactly how you desire! Refrigerate or enjoy immediately.

Notes:

*I use Lily's Sweets Chocolate Chips **If you use raw cacao powder instead of protein powder you will likely need to make the nuggets a bit sweeter because raw cacao is quite bitter. You could add honey or maple syrup. Makes 15-18 nuggets if you make them 2-bites worth. :)